## WholeDog Jourinal

# HOMEMADE 

## DOG FOOD

 RECIPEQUICK AND EASY RECIPE YOUR DOG WILL LOVE!

## INGREDIENTS

- 8 ounces chicken thigh meat
(cooked)
- 1/2 Ounces chicken liver (cooked)
- 1 large egg (hard-boiled)
- 4 ounces sweet potato (boiled)
- 2 ounces plain low-fat yogurt
- $1,000 \mathrm{mg}$ fish oil
- 700 mg calcium (3/8 teaspoon ground eggshell, or any other form of plain calcium)


## SAMPLE RECIPE FOR 25-POUND ADULT, NEUTERED DOG

## NOTES

This recipe is designed for the average 25-pound adult dog; puppies have special requirements not addressed here. Dietary intake, proportions, and ingredients must be adjusted for your dog's weight, health condition, and activity level.

The amounts can be increased proportionately for larger dogs, and decreased for smaller dogs, but keep in mind that large dogs require less food for their body weight than small dogs (a 50-pound dog requires less than twice the amount needed for a 25-pound dog; use a little more than half the amounts for a 12-pound dog). Observe your dog's weight and adjust the amount you feed as needed to keep him trim and slim.

This recipe is not complete and balanced. It is good for occasional use, but like most homemade diets, it requires supplementation and variety to fully meet a dog's nutritional requirements. For adult dogs, this recipe is short on some vitamins and minerals. A supplement can help ensure his nutritional needs are me, though it's not a substitute for feeding a balanced diet with lots of variety.

THIS RECIPE PROVIDES 700 KCAL, 72.3 GRAMS PROTEIN (15.8\% AS FED, 54.8\% DRY MATTER), 32.6 GRAMS FAT (7.1\% AS FED, 24.7\% DRY MATTER), 24.5 GRAMS CARBOHYDRATES (5.4\% AS FED, 18.6\% DRY MATTER).

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